



# *Deb's Super Simple DK Socks*

*by Debbie Tomkies*

A pattern to knit a quick and easy pair of socks  
in simple stocking stitch

*Thank you for buying this pattern from DT Craft & Design. We hope that you will enjoy making your socks as much as we enjoyed designing them. To ensure you get the best results please read all the instructions carefully before starting the pattern.*

This straightforward sock is a good introduction to knitting your first socks with turned heels.

I designed this sock pattern for DT Craft & Design 60% fine alpaca / 25% wool / 15% nylon DK sock yarn as it makes lovely, spongy socks but it will work just as well with any DK sock yarn. The alpaca / wool / nylon yarn is so ultra-soft and extremely warm you would be forgiven for thinking it might not be hardwearing. However, alpaca is a surprisingly strong fibre and the inclusion of a touch of nylon in the blend gives added strength and wearability.

### **You will need:**

- 100g (200m) of DK sock yarn (200g (400m) for size large)  
*I've used DT Craft & Design 60% fine alpaca / 25% wool / 15% nylon DK sock yarn but you can substitute your favourite sock yarn*
- Set of 5 double pointed needles size 3mm (or size needed to achieve stated tension)

### **Sizing guide:**

Small - UK shoe sizes approx. 2-4 (Medium - UK shoe sizes approx. 5-7, Large - UK shoe sizes approx. 8-10)

### **For yarn stockists please contact:**

DT Craft & Design, 7 Fonthill Grove, Sale, Cheshire, M33 4FR

• tel: 0161 718 3818 • email: [info@dtcrafts.co.uk](mailto:info@dtcrafts.co.uk)

Website: [www.dtcrafts.co.uk](http://www.dtcrafts.co.uk)

*© Debbie and Peter Tomkies 2010 - All designs, patterns, text and images are copyright Debbie and Peter Tomkies and must not be reproduced without written permission.*

## Abbreviations

Cm/s	centimetre/s
DPN/s	double-pointed needle/s
In/s	inch/es
K	knit
K2tog	knit two stitches together
N1	needle one
N2	needle two
N3	needle three
P	purl
P2tog	purl two stitches together
Rep	repeat
Sl	slip one stitch
SSK	slip, slip, knit
St/s	stitch/es

## Tension

Yarn used knits as DK to this tension:

25 sts and 34 rows to measure 4x4in (10x10cm) in stocking stitch (unstretched) using 3mm needles.

If your square is smaller than 10cm (4ins) using the suggested needle size, increase the size of the needles until the desired tension is reached. If your square is larger, then smaller needles should be tried until your tension square is the right size.

*Note: Not everyone knits to exactly the same proportions and it may be that when you work your tension/gauge swatch, you can't get both the rows and the stitches per cm/inch correct. In this case, go for the correct stitches and use measurements to adjust the rows rather than relying purely on the number of rows. For example, if a pattern calls for 20sts and 18 rows to 10cm (4ins) and you have 20sts and 20 rows with one size of needles, and 18sts and 18 rows with the next size down, use the needles which give the correct st measurement. Your rows may need to be adjusted, and the proportions may not be exactly as specified, but you should get a better result with the correct stitches.*

## To knit your socks

Cast on 40(48: 52) sts then distribute the stitches evenly over 4 needles [i.e. 10(12: 13) sts on each needle].

Make a slip knot in a piece of waste yarn in a contrasting colour and loop this snugly on the needle in front of the first stitch. This will help you to know where the centre back of the sock is.

### Cuff

Round 1 \*K2, p2, rep from \* to end.

Repeat round 1 until the work measures 1(1½: 1½) in 2.5(3: 3)cm.

### Leg

Work 12(14:18) rounds knit (or desired length - \*\* see sizing note).

### Heel

Row 1 Knit across sts on first two needles (N1 and N2). Place sts on N3 and N4 onto a piece of waste yarn. Turn the work.

Row 2 Sl 1, p all sts on N1 and then, using the same needle, across all sts on N2. [You should have 20(24: 26) sts on one needle, 20(24: 26) sts on the waste yarn]. Turn the work.

This next section of the heel is worked knitting back and forth using two needles as in normal knitting (ie, not in the round).

Row 3 Slipping the first st of each row, starting with a K row, continue working these 20(24: 26) sts in stocking stitch (knit one row, purl one row) for 20(22: 24) rows.

### Turn Heel

Heel cup

Sl 1, k11(13: 14), ssk, k1.

*Size small:*

Row 1: Sl 1, p5, p2tog, p1.

Row 2: Sl 1, k6, ssk, k1.

Row 3: Sl 1, p7, p2tog, p1.

Row 4: Sl 1, k8, ssk, k1.  
Row 5: Sl 1, p9, p2tog, p1.  
Row 6: Sl 1, k10, ssk.  
Row 7: Sl 1, p10, p2tog. [12 sts on heel needle]  
Row 8: K.

*Size medium:*

Row 1: Sl 1, p5, p2tog, p1.  
Row 2: Sl 1, k6, ssk, k1.  
Row 3: Sl 1, p7, p2tog, p1.  
Row 4: Sl 1, k8, ssk, k1.  
Row 5: Sl 1, p9, p2tog, p1.  
Row 6: Sl 1, k10, ssk, k1.  
Row 7: Sl 1, p11, p2tog, p1.  
Row 8: Sl 1, k12, ssk.  
Row 9: Sl 1, p12, p2tog. [14 sts on heel needle]  
Row 10: K.

*Size large:*

Row 1: Sl 1, p5, p2tog, p1.  
Row 2: Sl 1, k6, ssk, k1.  
Row 3: Sl 1, p7, p2tog, p1.  
Row 4: Sl 1, k8, ssk, k1.  
Row 5: Sl 1, p9, p2tog, p1.  
Row 6: Sl 1, k10, ssk, k1.  
Row 7: Sl 1, p11, p2tog, p1.  
Row 8: Sl 1, k12, ssk, k1.  
Row 9: Sl 1, p13, p2tog, p1. [16 sts on heel needle]  
Row 10: K.

## **Instep – all sizes**

Continuing on the same needle (N1), pick up and k 10(11: 12) sts along left hand side of heel flap.

K first 10(12: 13) sts from waste yarn onto a new needle (N2). Using a new needle (N3), k rem 10(12: 13) sts from waste yarn.

On a new needle (N4), pick up and k 10(11: 12) sts along other side of heel flap.

*Size small and medium*

Continuing on N4, k6(7) sts to centre of heel cup.

*Size large only*

Continuing on N4, 8 to centre of heel cup.

You should have 16(18: 20) sts on N1 [half the heel cup sts plus the 10(11: 12) picked up sts from left of heel flap], 10(12: 13) sts on N2 and 10(12: 13) sts on N3 (instep sts) and 16(18: 20) sts on N4 [10(11: 12) sts picked up from right hand heel flap plus 6(7: 8) sts from half heel cup].

## **Gusset**

Work decreases to form gusset as follows

Round 1:

N1        K to last 3sts k2tog, k1.

N2, N3    K.

N4        K1, SSK, K to end.

Round 2 (and all even rounds): K.

Repeat rounds 1 and 2 until there are 10(12: 13) sts on each of N1 and N3. Work round 2 once more. [40(48: 52) sts in total]

## **Foot**

Repeat round 2 until foot is desired length – \*\*see Sizing note

## **Toe**

Working every row K, shape toe as follows:

Round 1:

N1 K to last 3, k2tog, k1.

N2 K1, ssk, k to end.

N3 K to last 3 sts, k2tog, k1.

N4 K1, ssk, k to end.

Round 2: K.

Rep rounds 1 and 2 until 24 sts rem, then round 1 until 8 sts rem.

Break off yarn leaving long tail, thread through sts on needles, then draw up tight. Fasten off neatly.

### **\*\*Sizing note:**

The length of your sock can easily be adjusted to fit.

To adjust the leg length simply repeat cuff/leg round 1 until your sock measures the desired length. Measure from the top of the desired cuff height, down to the ankle bone.

To adjust the foot length, repeat foot round 2 until the sock is 2¼ (2½: 2¾)in 6 (6½: 7)cm shorter than the length from the centre back of the heel to the big toe then shape for the toe as above.

### **Top Tip**

The easiest way to measure is by placing your sock on a piece of waste yarn and trying it on!

### **Care instructions**

Handwashing using vegetable-based soap flakes, a gentle handwash liquid or a mild hair shampoo is recommended. Avoid biological detergents and anything with optical brighteners or bleach as this may damage the yarn.

Don't allow the item to soak. Rinse thoroughly. Gently squeeze, then roll the item carefully in an old towel to soak up the excess moisture. Do not wring.

After washing, gently pull the item into shape and dry flat, either outside if the weather is fine, or in a warm airing cupboard or room, but not on a radiator or near direct heat.

## Need any help?

If you need any help, or have any questions or comments about this pattern please get in touch. You can contact us by email, telephone, fax or in writing at the address below.

## Gallery

We'd love to hear from you and see pictures of your finished projects. We have a Gallery section on our website to showcase your work. Email us a digital photograph of your items or send us a print and we will feature as many as we can in the Gallery.

If you want your photographs returned please enclose a stamped addressed envelope when sending them. We will take good care of any photographs you send us but can not be responsible for any damage in the post so please send us copies and not your treasured originals!

If you enjoyed this pattern why not try one of our other projects?

In addition to our patterns we supply project kits, dyes, yarns, equipment and books to take your imagination further.

Project kits • Hand dyeing starter kits • Dyes and fixers  
Undyed yarns • Hand dyed yarns  
Dyeing equipment and accessories • Knitting needles  
Crochet hooks • Books, beads and more!

Visit [www.dtcrafts.co.uk](http://www.dtcrafts.co.uk) or contact us for more details

email: [info@dtcrafts.co.uk](mailto:info@dtcrafts.co.uk) • tel: 0161 718 3818

DT Craft & Design, 7 Fonthill Grove, Sale, Cheshire, M33 4FR  
*personal callers by appointment only please*

[www.dtcrafts.co.uk](http://www.dtcrafts.co.uk)



[www.dtcrafts.co.uk](http://www.dtcrafts.co.uk)



PRINTED ON 100% RECYCLED PAPER

